

**SEWARD COUNTY COMMUNITY COLLEGE
COURSE SYLLABUS**

I. TITLE OF COURSE: PE2322- Theory of Coaching Baseball

II. COURSE DESCRIPTION: 2 credit hours
2 credit hours of lecture and 0 credit hours of lab per week.

Taught as a practical approach at helping the student understand and implement coaching baseball in a way that can help both the student and the players under him or her. For each unit of credit, a minimum of three hours per week with one of the hours for class and two hours for studying/preparation outside of class is expected.

For each unit of credit, a minimum of three hours per week with one of the hours for class and two hours for studying/preparation outside of class is expected.

Pre-requisite: None

III. PROGRAM AND/OR DEPARTMENT MISSION STATEMENT:

The SCCC physical education program will broaden the understanding of fitness for life by providing general education, appropriate technology, and professional development opportunities that promote a healthy lifestyle.

IV. TEXTBOOK AND MATERIALS:

Polk, Ron. Baseball Playbook,

V. SCCC OUTCOMES

Students who successfully complete this course will demonstrate the ability to do the following SCCC Outcomes.

- 1: Read with comprehension, be critical of what they read, and apply knowledge gained to real life
- 2: Communicate ideas clearly and proficiently in writing, appropriately adjusting content and arrangement for varying audiences, purposes, and situations.
- 3: Communicate their ideas clearly and proficiently in speaking, appropriately adjusting content and arrangement for varying audiences, purposes, and situations.
- 5: Demonstrate the ability to think critically by gathering facts, generating insights, analyzing data, and evaluating information
- 6: Exhibit skills in information and technological literacy

VI. COURSE OUTCOMES:

1. The student shall be made aware of the problems that can occur off of the field such as field maintenance, budgets, travel, etc.
2. The student shall be given the tools necessary to coach the game of baseball using different strategies and the basic fundamentals of the game.
3. The student will know how to plan and run a successful baseball practice session using different drills that will benefit the players fundamentally.

VII. COURSE OUTLINE:

1. First meeting.
2. Pre-season.

3. Stretching and running.
4. Baseball signs and signals.
5. Infield play.
6. Outfield play.
7. Pitchers - Catchers play.
8. Practice sessions.
9. Hitting - Bunting.
10. Base Running.
11. Pre-Game.
12. Team Travel.
13. Game Play.
14. Field Maintenance.
15. Budgets.
16. Post-season.
17. Player evaluation and awards.

VIII. INSTRUCTIONAL METHODS:

1. Lecture/Discussion
2. Class notebooks
3. Computer exercises

IX. INSTRUCTIONAL AND RESOURCE MATERIALS:

1. Baseball playbook
2. Videos
3. Internet
4. Class note taking

X. METHODS OF ASSESSMENT:

SCCC Outcome #1 will be assessed and measured by class participation and writing assignments and test answers.

SCCC Outcome #2 will be assessed and measured by daily writing and note taking in a notebook to be typed and turned in at end of semester.

SCCC Outcome #3 will be assessed and measured by daily writing and note taking in a notebook to be typed and turned in at end of semester.

SCCC Outcome #5 will be assessed and measured by the students scores on tests.

SCCC Outcome #6 will be assessed and measured by students being required to utilize computers for Internet articles and for class papers and typing of notebooks.

XI. ADA STATEMENT:

Under the Americans with Disabilities Act, Seward County Community College will make reasonable accommodations for students with documented disabilities. If you need support or assistance because of a disability, you may be eligible for academic accommodations. Students should identify themselves to the Dean of Students at 620-417-1106 or going to the Student Success Center in the Hobbie Academic building, room 149 A.